

## Trauma & Substance Abuse with a Youth Focus



**Instructor:**  
Gabriella Grant, MA

### *Instructor Information:*

Gabriella Grant, MA trains professionals in the social services on an array of topics, including trauma, substance abuse, PTSD, eating disorders, problem gambling, domestic violence, sexual assault and child abuse. She has worked with criminal justice agencies, the courts, social service agencies and public health departments. As a trained policy analyst, Ms. Grant looks at how understanding the neurobiological effects of trauma, safety and coping can be adapted for effective programming, staff training, policies, and procedures to create a therapeutically beneficial milieu for a variety of treatment modalities and outcomes.

### *Course Description:*

This training focuses on understanding the impact of trauma, trauma-related stress reactions and associated symptoms, and common mental health and substance use disorders associated with trauma. Using the standards from SAMHSA's TIP 57: Trauma Informed Care in Behavioral Health Services and SAMHSA's *Concept of Trauma and Guidance for a Trauma-Informed Approach* attendees will increase knowledge about the impact and consequences of traumatic experiences for individuals, families, and communities. This training focuses on trauma and substance abuse with a youth focus.

***Date:* Tuesday, November 2<sup>nd</sup>, 2021**

**Wednesday, November 3<sup>rd</sup>, 2021**

**(\*\*Must attend both dates for credit\*\*)**

***Time:* 10:00am – 11:30am**

***Location:*** Virtual training- link will be sent to registrants

**RUHS-BH Staff - Please register for this course via COR at <http://corlearning.rc-hr.com>**

**All other interested partners, please visit [www.rcdmh.org/wet](http://www.rcdmh.org/wet)**

**Free to all registered participants**

**Continuing Education Credits:** This course is **pending approval** for 3 continuing education units/credits/hours.

## **Trauma & Substance Abuse with a Youth Focus**

**Part I: November 2<sup>nd</sup>, 2021 (10:00am – 11:30am)**

**Part II: November 3<sup>rd</sup>, 2021 (10:00am – 11:30am)**

**\*\*Must attend both dates for credit\*\***

**Course Description:** This training focuses on understanding the impact of trauma, trauma-related stress reactions and associated symptoms, and common mental health and substance use disorders associated with trauma. Using the standards from SAMHSA's TIP 57: Trauma Informed Care in Behavioral Health Services and *SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach* attendees will increase knowledge about the impact and consequences of traumatic experiences for individuals, families, and communities. This training focuses on trauma and substance abuse with a youth focus.

**Instructor Information** Gabriella Grant, MA trains professionals in the social services on an array of topics, including trauma, substance abuse, PTSD, eating disorders, problem gambling, domestic violence, sexual assault and child abuse. She has worked with criminal justice agencies, the courts, social service agencies and public health departments. As a trained policy analyst, Ms. Grant looks at how understanding the neurobiological effects of trauma, safety and coping can be adapted for effective programming, staff training and policies and procedures to create a therapeutically beneficial milieu for a variety of treatment modalities and outcomes. Her background includes heading the nation's first community corrections-based victim advocacy program for the Maryland Division of Parole and Probation, [1996-1999] and running a three-year project funded by the California Department of Public Health to increase access to domestic violence shelters by women with mental health and/or substance abuse issues [2006-2009]. She has a bachelors' degree from Amherst College, a Latin teaching certificate from the Pontifical Gregorian University in Rome, Italy, and a Masters of Arts in Public Policy from the Johns Hopkins University. She has taught at the primary, secondary and university levels and has trained professionals, advocates and consumers in a wide variety of settings.

Ms. Grant started working with Dr. Najavits in 2006, when she oversaw a statewide project in California to increase access to domestic violence shelters by women with mental health and/or substance abuse issues. She coordinated the trainings on Seeking Safety and helped guide and evaluate its implementation within domestic violence shelters. She currently conducts Seeking Safety in a community setting. Ms. Grant is the director of the California Center of Excellence for Trauma Informed Care, located in Santa Cruz, California, overseeing the Center's research, program and professional development as well as policy analysis activities.

**Audience:** RUHS-BH staff including LMFT's, LCSW's, LPCC's, and LEP's, Registered Nurses, and substance use counselors. Audience can also include associate and support staff.

Level of training: Introductory - new topic for audience

**Seat #:** 40

**Location:** Virtual training- link will be sent to registrants

If you need a reasonable accommodation/alternative format for this training event, please contact the Rustin Conference Center at (951) 955-7270 at least fourteen days (14) prior to the course date.

**Educational Goals:**

1. To increase the general knowledge of trauma-informed concepts, research, and resources
2. Apply trauma informed approaches when dealing with various challenging issues such as substance use, negative coping, denial, and self-harm.

**Learning Objectives:**

1. Analyze and evaluate national data to increase awareness around the prevalence of substance use among youth 12-17.
2. Identify at least three (3) adversities among youth who utilize substance use
3. Describe four (4) coping skills used with unsafe behavior
4. Apply the five (5) steps in the "It Makes Sense Tool" when assessing un-safe behavior
5. Name effective substance abuse treatments
6. Describe Trauma as defined by SAMHSA Tip 57: Trauma Informed Care in Behavioral Health Services
7. Understand how the ACEs score correlates with increased risk of drug use

**Course outline:**

**Day 1 - 10:00am-11:30am**

Time	Topic
	Training objectives
	National data and trends on substance among youth
	Group discussion on data and harm reduction strategies
	Coping skills responses in association with unsafe behaviors
	Introduction to the "It makes sense tool"
	Q&A

**Day 2 - 10:00am-11:30am**

Time	Topic
	"It makes sense tool" and application
	Definition of Trauma from the SAMHSA Tip 57
	ACEs score in correlation with substance use
	Implications for healthcare
	Treatments for substance use
	Q&A

**This course is pending approval for 3 CEs. if approved an updated flyer will follow with CE details.**

**Continuing Education:** **Course is pending approval.** This course is being evaluated for 3 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as

required by the California Board of Behavioral Sciences. Riverside University Health System-Behavioral Health is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and/or LEPs. Riverside University Health System-Behavioral Health maintains responsibility for this program/course and its content.

CAMFT approved continuing education provider number: 1000060

Provider approved by the California Board of Registered Nursing, Provider # CEP17400 for 3 Contact Hours. **Course is pending approval.**

Provider approved by CCAPP-EI, Provider Number 1N-98-402-1221 for 3 CEH'S. **Course is pending approval.**

Mailing address: Riverside University Health System-Behavioral Health (RUHS-BH), Workforce Education and Training (WET), 2085 Rustin Ave., Riverside, CA 92507.

**Requesting Continuing Education:** Participants interested in receiving continuing education credit or a certificate of participation should contact Manuel Pondivida via email at [MPondivida@ruhealth.org](mailto:MPondivida@ruhealth.org). Please include the following information in your email request: full name, title of training, and certification or license number. For in-person courses, certificates will be issued immediately after the completion of the course. For distance learning courses, certificates will be issued via email or by mail within five (5) business days after the completion of the course and receipt of required documentation.

**Attendance Policy:** Participants who arrive to the course after the scheduled start time may not be admitted. To receive continuing education credit for a course, participants must attend the entire scheduled time. Participants who arrive late, leave early or return late from lunch/breaks will not receive continuing education credit. To receive credit, participants cannot miss more than 15 minutes total of instruction. **There is no partial credit issued.**

**Enrollment/Registration Policy:** RUHS-BH Staff should register for this course via COR Learning Management System (<http://corlearning.rc-hr.com/>). The enrollment deadline is three (3) calendar days prior to the course start date (excluding holidays and weekends). All other interested partners, please visit [www.rcdmh.org/wet](http://www.rcdmh.org/wet).

**Cancellation and Refund Policy:** Registration must be cancelled on or before three (3) calendar days prior to the course start date (excludes holidays and weekends). Riverside University Health System-Behavioral Health does not currently charge fees for continuing education courses or activities sponsored by our agency. Therefore, no refund policy or procedure is currently in affect.

**Grievances:** Please contact training coordinator Taide Arias at [TArias@ruhealth.org](mailto:TArias@ruhealth.org) or 951-955-7265 for questions or concerns about this activity or facilities, or to request a copy of our grievance policy and procedures. Riverside University Health System-Behavioral Health follows all applicable local, state, and federal standards, including the Americans with Disabilities Act of 1990 (ADA), 42 U.S.C. §§ 12101-12213 (2008).